

OMP Walk-In Clinics offer sport-related exams for middle and high school students who are healthy and have no medical conditions which may be impacted by athletic activities.

If an athlete's history and/or focused examination identify any such conditions, the athlete will be directed to a primary care or pediatric clinic for further evaluation and management, including completion of any school- or sport-related paperwork.



Examples where clearance for sport participation normally requires primary care or pediatric involvement (and therefore typically cannot be provided through a limited Walk-In Clinic visit) include a history of:

- Diabetes
- Anemia
- Chronic respiratory conditions requiring medication, such as asthma
- Cardiac conditions such as congenital heart disease or arrhythmias
- Neurologic diagnoses such as seizures or prior significant head injury
- Chronic musculoskeletal or orthopedic conditions
- Conditions which require ongoing medical oversight and management