

About Prescription Refills at the Walk-In Clinic

Medication refills should be managed through your primary care office. The Walk-in Clinic understands that new arrivals to our area may have difficulty accessing a primary care office for continuation of their routine medications. In most instances, the Walk-in Clinic can help with a temporary (typically 30 days) refill of many kinds of routine medications while you await your Primary Care appointment. However, not all medications are appropriate for management through a Walk-in Clinic, and some general guidelines are listed below.

Confirmation of your currently prescribed medications, such as your current prescription bottles or a printout from your pharmacy, is necessary to make certain all requested refills correspond with your previously prescribed treatment plan. In addition, because periodic laboratory monitoring is required for certain medical conditions and treatments, results from recent laboratory testing may be requested. Alternatively, updated laboratory testing may be ordered for you as needed for review prior to refilling your medications.

Prescriptions that **can** typically be filled at a Walk-in Clinic visit include chronic medications for:

- Blood pressure
- Thyroid conditions
- Diabetes
- Cholesterol
- COPD/asthma
- Stable/controlled depression
- Migraine headaches (such as Imitrex or similar triptans)
- Chronic urinary conditions

Some medications that typically require specialty-based management and oversight are **generally not** managed through the Walk-in Clinic, and treatment through the appropriate specialty is therefore recommended for medications related to:

- Certain cardiac conditions including serious rhythm abnormalities
- Behavioral Health conditions other than stable/controlled depression
- Coagulation disorders that require an anticoagulant such as warfarin or heparin
- Cancer or related complications

Other medications that are generally not suitable for refill through a Walk-in Clinic include:

- Stimulants
- Injectable hormones
- Narcotic/opioid pain medications
- Sedatives, including benzodiazepines such as Xanax, Ativan, Valium
- Similarly controlled medications requiring DEA approval

The Walk-in Clinic is not able to process telephone or mail-order refill requests. Requests for additional refills if needed prior to a scheduled Primary Care appointment can be reviewed at a return visit.