

10/1-10/07

Breakfast
7:00 am to 10:00 am

Available Daily: Scrambled Eggs, Sausage, Bacon, Potatoes, Oatmeal, Cream of Wheat. • Yogurt Bar Monday thru Friday

	<i>Daily Special</i>	<i>Muffin of the Day</i>
<i>Monday</i>	<ul style="list-style-type: none"> • Cinnamon Roll • Bagel Melts 	<ul style="list-style-type: none"> • Zucchini Raisin • Raspberry Almond
<i>Tuesday</i>	<ul style="list-style-type: none"> • Belgian Waffle 	<ul style="list-style-type: none"> • Sunshine Cranberry • Northwest Apple Nut
<i>Wednesday</i>	<ul style="list-style-type: none"> • Creamed Eggs over English Muffin 	<ul style="list-style-type: none"> • Pumpkin Harvest • Lemon Poppy seed
<i>Thursday</i>	<ul style="list-style-type: none"> • Pancakes w/ Fruit Sauce • Scones 	<ul style="list-style-type: none"> • Zucchini Raisin • Mocha Chip
<i>Friday</i>	<ul style="list-style-type: none"> • Veggie Scramble • Sticky Bun 	<ul style="list-style-type: none"> • Lemon Blueberry • Banana
<i>Sat/Sunday</i>	<ul style="list-style-type: none"> • <i>Daily Entrées</i> 	<ul style="list-style-type: none"> • <i>Assorted Muffins</i>

Lunch & Dinner

Lunch: 11:00 am to 1:30 pm Dinner: 4:30 pm to 7:00 pm

	<i>Soup</i>	<i>Entrées</i>	<i>Vegetable</i>
<i>Monday</i>	<ul style="list-style-type: none"> • Albondigas • Cream of Spinach 	<ul style="list-style-type: none"> • Pasta Bar • Lemon Baked Cod • Stuffed Zucchini w/ Parmesan Panko • Chicken Bleu Cheese Salad 	<ul style="list-style-type: none"> • Dilled Baby Carrots
<i>Tuesday</i>	<ul style="list-style-type: none"> • Beef Barley • Corn Chowder 	<ul style="list-style-type: none"> • Pulled Pork Sandwich • Turkey Loaf • Hazelnut Cutlet w/ Sweet Chile Glaze • Sesame Chicken Salad 	<ul style="list-style-type: none"> • Sauteed Garden Veggies
<i>Wednesday</i>	<ul style="list-style-type: none"> • Mexican Rice & Bean • Cream of Broccoli 	<ul style="list-style-type: none"> • Reuben Sandwich • Beef Green Beans & Potatoes • Cabbage Tofu Saute • Chicken Mexicali Salad 	<ul style="list-style-type: none"> • French Blend
<i>Thursday</i>	<ul style="list-style-type: none"> • Tortilla • Vegetable Chowder 	<ul style="list-style-type: none"> • Almond Crusted Pork Loin • Basil Tomato Grilled Cheese • Chicken BLT Salad 	<ul style="list-style-type: none"> • Sauteed Cabbage
<i>Friday</i>	<ul style="list-style-type: none"> • Chicken Pasta • Clam Chowder 	<ul style="list-style-type: none"> • Cod Vera Cruz • Szechwan Chicken Rice Bowl • Asparagus Lasagna • Southwest Shrimp Salad 	<ul style="list-style-type: none"> • Moroccan Blend
<i>Saturday - Sunday</i>	Chef's Choice		



Limited Menu: 1:30 to 4:30pm

Seasons Espresso: 6:30 am to 1:30 pm (Monday – Friday)

We now accept Debit and Credit Cards

Ask about Seasons Gift Cards

All menu items are subject to change.