

7/23-7/29

Breakfast 7:00 am to 10:00 am		<i>Available Daily:</i> Scrambled Eggs, Sausage, Bacon, Potatoes, Oatmeal, Cream of Wheat. • Yogurt Bar Monday thru Friday	
	<i>Daily Special</i>	<i>Muffin of the Day</i>	
<i>Monday</i>	<ul style="list-style-type: none"> • Breakfast Burrito • Cinnamon Roll 	<ul style="list-style-type: none"> • Zucchini Raisin • Raspberry Almond 	
<i>Tuesday</i>	<ul style="list-style-type: none"> • Belgium Waffle 	<ul style="list-style-type: none"> • Sunshine Cranberry • Northwest Apple Nut 	
<i>Wednesday</i>	<ul style="list-style-type: none"> • Biscuits & Gravy 	<ul style="list-style-type: none"> • Pumpkin Harvest • Lemon Poppy seed 	
<i>Thursday</i>	<ul style="list-style-type: none"> • Belgium Waffle • Coffee Cake 	<ul style="list-style-type: none"> • Zucchini Raisin • Mocha Chip 	
<i>Friday</i>	<ul style="list-style-type: none"> • Cinnamon French Toast • Sticky Bun 	<ul style="list-style-type: none"> • Lemon Blueberry • Banana 	
<i>Sat/Sunday</i>	<ul style="list-style-type: none"> • <i>Daily Entrées</i> 	<ul style="list-style-type: none"> • <i>Assorted Muffins</i> 	

Lunch & Dinner		Lunch: 11:00 am to 1:30 pm	Dinner: 4:30 pm to 7:00 pm
	<i>Soup</i>	<i>Entrées</i>	<i>Vegetable</i>
<i>Monday</i>	<ul style="list-style-type: none"> • Italian Vegetable • Navy Bean w/ Ham 	<ul style="list-style-type: none"> • Pasta Bar • Garlic Lime Pork Loin • Hazelnut Cutlet w/ Tzatziki Sauce • Chicken BLT Salad 	<ul style="list-style-type: none"> • Southern Style Collards
<i>Tuesday</i>	<ul style="list-style-type: none"> • Lentil • Cream of Mushroom 	<ul style="list-style-type: none"> • Fish Taco • Tri Tip in Mushroom Sauce • Kale Spinach & Butter Beans • Chef Salad 	<ul style="list-style-type: none"> • Oven Roasted Veggies
<i>Wednesday</i>	<ul style="list-style-type: none"> • Beef Barley • Potato Swiss Chowder 	<ul style="list-style-type: none"> • Smoked Salmon Lasagna • Rubeen Sandwich • Curried Chickpeas w/ Potatoes & Zucchini • Turkey Chutney Salad 	<ul style="list-style-type: none"> • Braised Kale & Chard
<i>Thursday</i>	<ul style="list-style-type: none"> • Tuscan Bean • Cream of Chicken 	<ul style="list-style-type: none"> • Sliced BBQ Pork Loin Sandwich w/ Chipotle Slaw • Spinach & Mushroom Lasagna • Chicken Caesar Salad 	<ul style="list-style-type: none"> • Zucchini
<i>Friday</i>	<ul style="list-style-type: none"> • Tortilla • Clam Chowder 	<ul style="list-style-type: none"> • Hunters Chicken Stew • Halibut Burger • Quinoa Stuffed Zucchini • Chicken Bleu Cheese Salad 	<ul style="list-style-type: none"> • Broccoli
<i>Saturday - Sunday</i>		Chef's Choice	



Limited Menu: 1:30 to 4:30pm

Seasons Espresso: 6:30 am to 1:30 pm (Monday – Friday)

We now accept Debit and Credit Cards

Ask about Seasons Gift Cards

All menu items are subject to change.